



Let's move! Join the 15-Day Dash

Let's move more, feel better and have some fun! The Department of Public Health, Jefferson County Circuit Court Clerk's Office, and the Personnel Cabinet are invited to participate in a 15-day pilot step challenge. **Registration begins June 9**, and our steps start counting June 15!

**15
DAY
DASH**

Watch for details (including registration instructions, prizes and answers to FAQs) in future email messages. Get a head-start by registering with HumanaVitality and taking your health assessment. Once your assessment is complete, use your Vitality Bucks to get a pedometer or other device in the HumanaVitality online mall to track your steps.

Go to LivingWell.ky.gov and click on the HumanaVitality log-in.
HumanaVitality customer service line 855.478.1623



Questions?
[Contact Us](#)



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